About Us

The life-affirming effort of aiding women, children and families in and around pregnancy necessarily includes the promoting and providing of housing resources and extended care. Strong housing services are the result of committed individuals and organizations striving for excellence in all areas.

The National Maternity Housing Coalition (NMHC) is a group of life-affirming housing efforts throughout the United States committed to promoting positive housing practices and transformational ministry. By providing opportunities for training and education as well as forums for networking with other leaders, the NMHC strengthens the capacity of housing providers to address the needs of pregnant women in need of support.

Contact Us

If you would like to learn more about maternity housing and the National Maternity Housing Coalition (NMHC), information is available at:

www.natlhousingcoalition.org

housing@heartbeatinternational.org

What are the benefits of being part of NMHC?

There is much that a coalition can accomplish when united in voice to the public, the political spectrum and its own “industry” members. In addition to standing with fellow like-minded housing professionals, affiliation includes discounts to housing-focused periodicals, program services materials, training opportunities, consultation services and more.

The NMHC is operated under, and funded through, the auspices of Heartbeat International, the nation's first and largest association of life-affirming pregnancy help ministries and organizations. NMHC members must be accepted as an affiliate of Heartbeat International, including agreement with the affiliate principles, Commitment of Care and Competence and NMHC Addendum.
“I thank God for the staff at the home because they believed in me when no one else did. They pushed me that extra step when no one else would.” — While living in foster care, Dominique came to House of His Creation in Pennsylvania. She completed high school and began nursing school while at the home.

“Through my involvement with a maternity home, the sky is the limit for my success as a woman and as a mother.” — Inspired by her time at Paul Stefan Home in Virginia, Danielle pursued her goal of becoming a doula to support women giving birth.

“I remember pulling up to the house and thinking ‘I don’t know if I can get through this.’ The first night I cried myself to sleep. But, that was the beginning of what would be an emotional, crazy and exciting adventure. I met some of the most wonderful people that molded my life and encouraged me even when I was a total brat! I was helped with a lot of issues. I got back into church, and I learned to love myself, to let go, and to forgive others and myself.” — Kayla arrived at Lifeline Village in Alabama when she was four months pregnant and remained with them for over a year.

What is a maternity home?

- A peaceful setting to think deeply
- A positive environment to pursue goals
- A place to prepare and flourish

Over 400 maternity housing programs exist in the United States, opening their doors to pregnant women in need of support. Each home is unique but they share a common mission of creating a residential environment to support pregnant women.

The women who live in maternity homes might be educated, alone, homeless, brave, overwhelmed, young, adoption-minded, and much more!

A variety of models have been used in the rich history of maternity homes. Current practices respond to the modern needs and experiences of women.

Services offered may include:

- Life skills training
- Parenting courses
- Adoption support
- Counseling
- Health care access
- Material supplies
- Community living
- Education

If you are pregnant and in need of support, more information is available at www.optionline.org or by calling OptionLine at 800-712-4357.